

StopSO 2nd Annual Conference

London, May 1, 2019



Institute of Sexology and Sexual Medicine
Charité - University Clinic of Berlin

Pedophilia and Sexual Offending against Children: How to Prevent Child Sexual Abuse and the Use of Child Abuse Material?

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The Spectrum of Sexual Disorders

- Disorders of Sexual Function
- Disorders of Sexual Development
- Disorders of Gender Identity (Gender Dysphoria)
- Disorders of Sexual Reproduction
- Disorders of Sexual Preference (Paraphilias)
- Disorders of Sexual Behavior (Dissexuality)



Dimensions of Sexuality

- Dimension of Desire, i.e. the importance of sexuality in all its possibilities for increasing desire by sexual stimulation.
- Dimension of Reproduction, i.e. its importance for reproduction.
- Dimension of Attachment, i.e. its importance for the fulfillment of basic psychosocial needs for acceptance, closeness and security by sexual communication)

Beier, K.M., Loewit, K. (2013) Sexual Medicine in Clinical Practice, Springer, New York

Long-term Effects of Sexual Traumatization during Childhood

Lower CSF oxytocin concentrations in women with a history of childhood abuse

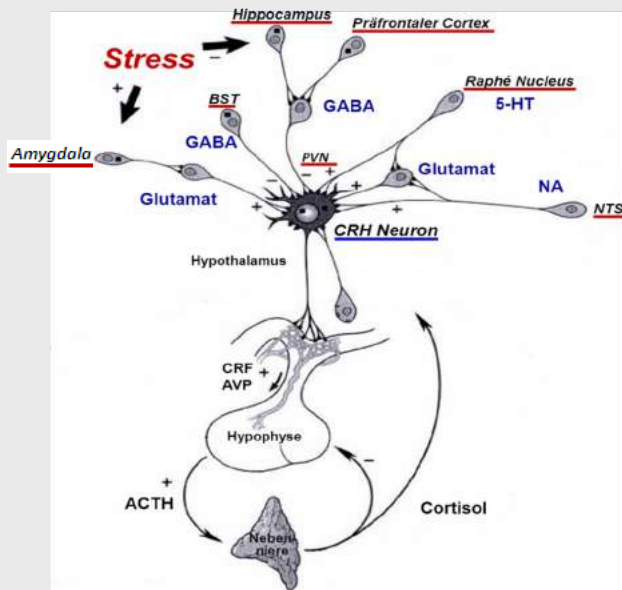
Heim, C. et al. Molecular Psychiatry (2008), 1-5

Decreased Cortical Representation of Genital Somatosensory Field After Childhood Sexual Abuse

Heim, C. et al. Am J Psychiatry (2013): 616-623

Effects of Childhood Adversity

Changes in Structure and Function of the Brain



Neuroimaging Studies:

- Diminished Hippocampus
- Enlarged Amygdala with increased reactivity
- Diminished cortical thickness or volumes in regions associated with emotional regulation (mPFC, ACC)
- Changed connectivity between frontal and limbic regions

Review in McCrory E, et al. *Front Psychiatry* 2011;2:48.

Long-term Effects of Child Sexual Abuse

Childhood adversity, including sexual abuse, dramatically increases the risk for developing a wide range of psychiatric disorders (e.g. mood and anxiety disorder, posttraumatic stress disorder, substance abuse disorder etc.)

Enduring effects of childhood abuse on the developing brain and its regulatory outflow systems, the autonomic, endocrine and immune systems, likely contribute to disease vulnerability (e.g. cardiovascular diseases, obesity, diabetes)

Good reasons to invest in primary prevention!

Prevalence of child sexual abuse

Prevalence of self-reported sexual victimization in Europe

13,4% of the girls and **5.7% of the boys** become victims of child sexual abuse

Willingness to officially report

Only 11.7% to 18.% of cases of child sexual abuse **are reported** to the judicial system

most of the offenses remain undetected = Dunkelfeld

(WHO Regional Office for Europe (2013), Stoltenborgh, van Ijzendoorn, Euser, & Bakermans-Kranenburg (2011))

Child Sexual Abuse: Typology of Offenders

Approx. 40% **pedophilic** offenders - an erotic preference for prepubescent minors define the sexual arousal pattern

Approx. 60% **non-pedophilic** offenders, for whom the sexual abuse of the child serves as a **surrogate** for a sexual relationship with partners of similar age

K.M. Beier: Follow-up study of previously expert-appraised child molesters
Int J Legal Med 1998; 111: 131-141



Non-pedophilic Offender („surrogate type“)

1. sexually unexperienced adolescents
2. mentally handicapped persons
3. offenders with antisocial personality disorder
4. offenders within generally traumatizing family constellations, including physical, emotional and sexual abuse (e.g. father, stepfather, brother, stepbrother)



Sexual Preference Structure

- Fate and not choice!
- Become manifest during puberty and remain stable on three axes:
 - (1) preferred gender of the sex partner (male and/or female),
 - (2) the preferred (body development) age of the sex partner (body scheme of children, adolescents, adults, elderly persons), and
 - (3) preferred kind and modus of sexual activity with and without sex partner(s) (type, object, method, etc.).
- It is not changeable and an expression of a fixed structure



According to DSM-5 (APA, 2013)

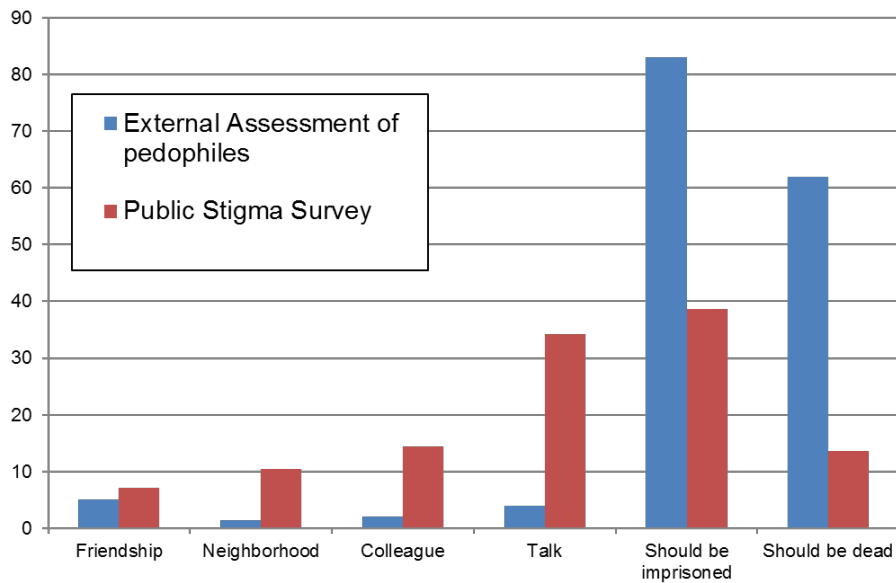
- „**Pedophilic sexual orientation**“ (Crit. A only)
 - A – Over a period of at least 6 months, recurrent, intense sexually arousing fantasies or sexual urges involving sexual activity with prepubescent child(ren) (<14)
- „**Pedophilic disorder**“ (Crit. A & B – 302.2)
 - B – The individual has acted on these sexual urges, or the sexual urges or fantasies cause marked distress or interpersonal difficulty.
- **Specify whether:**
 - exclusive (attracted to children only) vs. nonexclusive type
 - attracted to females vs. males vs. both

Pedophilia and Distress

Pedophilically inclined persons are very often isolated; they worry more about lack of acceptance by relatives/friends/partners than accomplishing orgasm.

They fear to be stigmatized if their paraphilic fantasies would be revealed to others.

This is all the more probable if an exclusive type of the pedophilic pattern is involved.



Jahnke et al. 2015: Approval ratings in percent on areas of life, in which people in Germany can imagine to be together with people, that are primarily sexually interested in children, but have never committed an offense (104 men with a pedophilic preference; 854 participants of a public stigma survey).

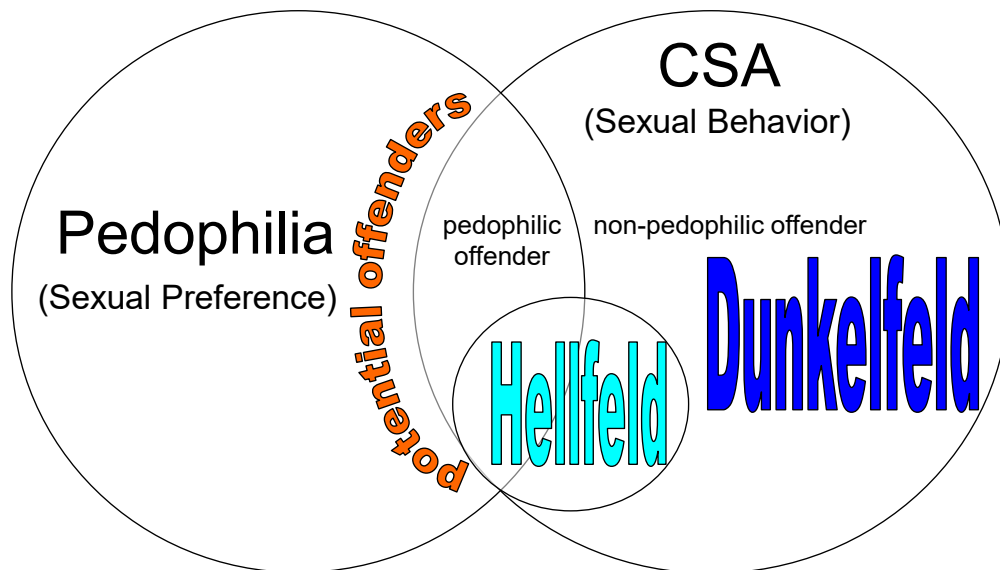
Child Sexual Abuse: Recidivism Rates

Pedophilic offenders: 50 – 80 %

Non-pedophilic offenders
(using a child as “substitute”) 10 – 25 %

Beier 1998: Follow-up study of previously expert-appraised child molesters
Int J Legal Med 111: 131-141

Sexual Preference, Child Sexual Abuse, and Detection Status



Dunkelfeld: cases not officially registered; Hellfeld: officially known cases

Primary Prevention

Because pedophilic inclination perseveres during lifetime, clinically relevant distress is more likely to be expected than in the surrogate offender type.

The prevalence of pedophilia is in Germany – according to a population-based study – approx. 1% in males

Ahlers et al. (2011). Prevalence of Paraphilia-Associated Sexual Arousal Patterns (PASAPs) in a Community-based Sample of Men. J Sex Med 8; 1362-1370

Prevention Projekt Dunkelfeld (PPD) started 2005 in Berlin: Supporting Institutions




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der Justiz

 Bundesministerium
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und Jugend

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17



lieben sie kinder mehr als ihnen lieb ist?

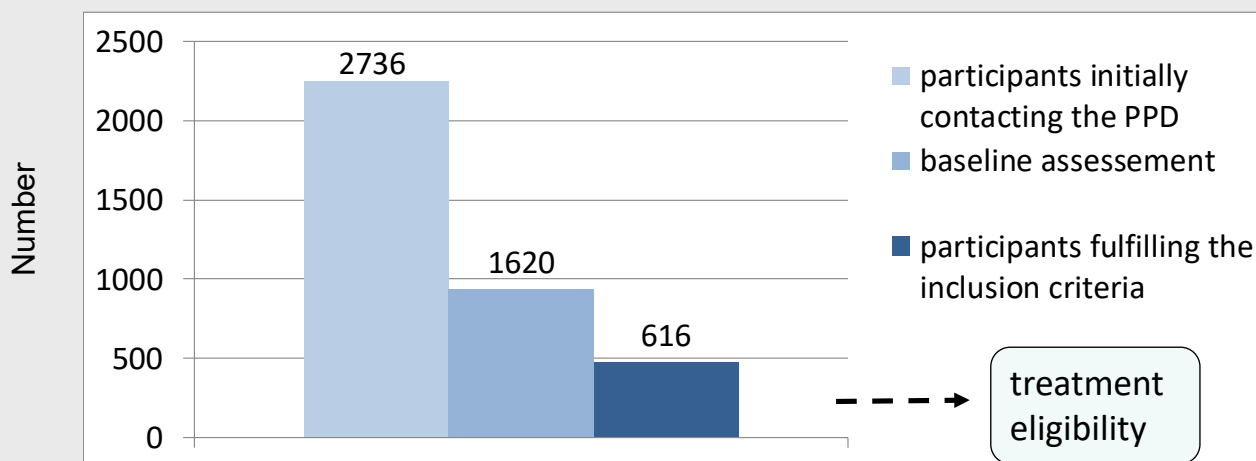
es gibt hilfe! kostenlos und unter schweigepflicht. institut für sexualmedizin der charité,
telefon: 030/450 529 450, www.kein-täter-werden.de

mit unterstützung von  CHARITÉ  VolkswagenStiftung  HÄNSEL + GRETEL



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unter Schweigepflicht

Project Participants Berlin site July 2005 – December 2018



PPD: Sociodemographic Data

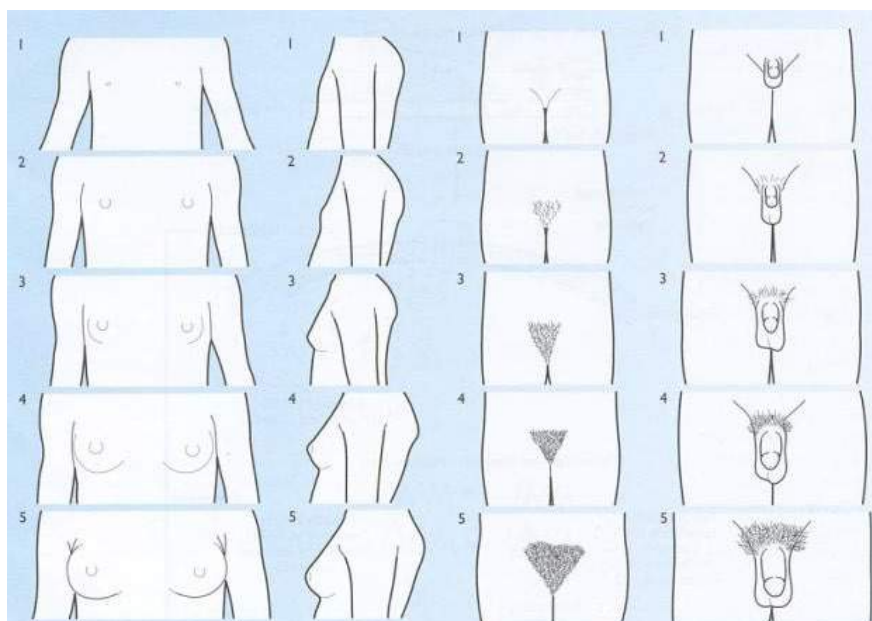
- Age (years): 38,28
- Education: 317 (45,1%) school with >10 grades
- Employment: 437 (62,3%) employed
- Relationship: 440 (62,6%) currently single
- Fatherhood: 232 (33%) have children

Have already abused children: approx. 45 %

Have already used child abusive images: approx. 75%

Tanner Stages

Sexual (body) age preference for:



Prepubescent children
(Tanner stage I)

- **Pedophilia**

(early) pubescent children
(Tanner II + III)

- **Hebephilia**

late-post-pubescent adults
(Tanner IV + V)

- **Teleiophilia**

Prevention Network in Germany (11 branches)

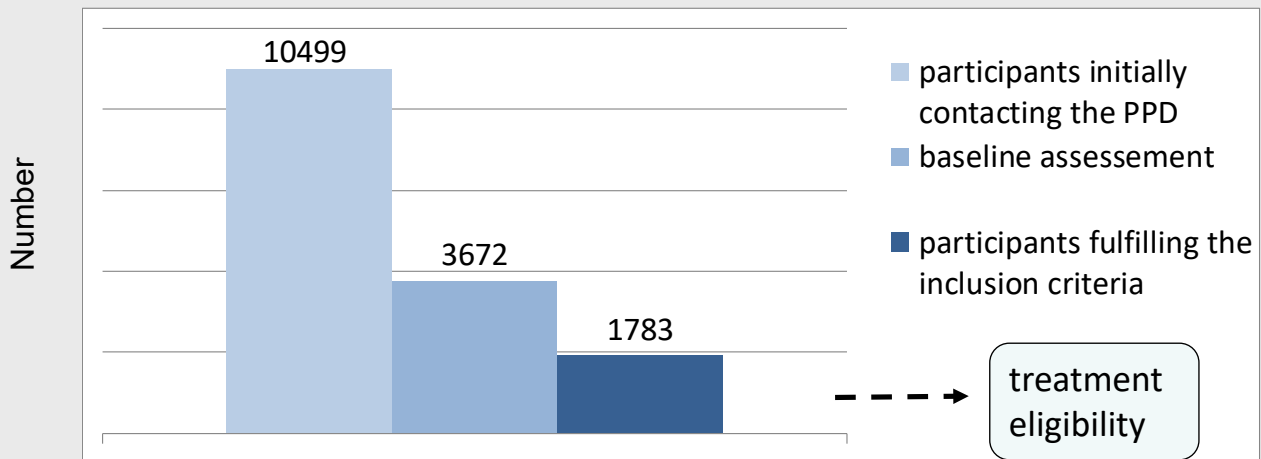


- 07/2005 Berlin
- 03/2009 Kiel
- 09/2010 Regensburg
- 10/2011 Leipzig
- 03/2012 Hannover
- 04/2012 Hamburg
- 01/2013 Stralsund
- 12/2013 Gießen
- 06/2014 Düsseldorf
- 07/2014 Ulm
- 05/2015 Mainz



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Project Participants Network „Dont-offend“ until December 2018



PPD: Principles of Treatment Program

- Combination of **cognitive-behavioral**, **sexological** and **pharmacological** options
- A change of the pedophile preference is not possible, but **control of the impulses** is
- Focus lies on self-motivated behavior control. Goal is **complete abstinence** of child sexual abuse and the use of child abuse images

Pharmaceutical Options



- Serotonin-Reuptake-Inhibitors:
 - Citalopram, Fluoxetin, Sertralin, Paroxetin, Venlafaxin
- Opiat-Antagonists:
 - Naltrexon
- Androgen Deprivation Treatment:
 - Cyproteronacetate
 - Triptorelin (GnRH-Analogon)

Evaluation revealed that the PPD



- reduces risk factors for child sexual abuse
- prevents sexual offending against minors and reduces the number of contact offences
- reduces frequency and severity of the use of child abuse images

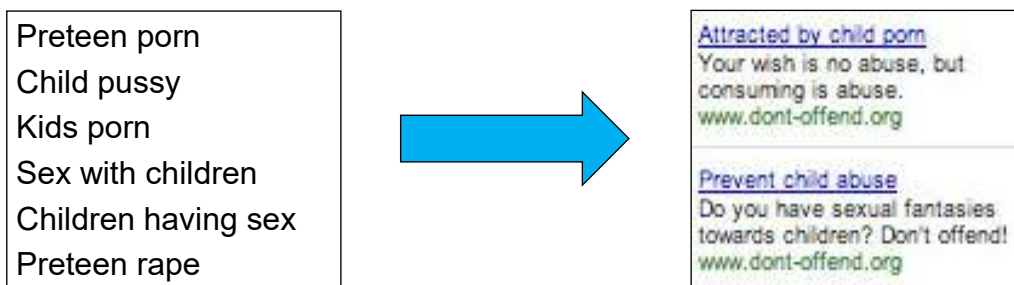
Beier et al. 2015, The German Dunkelfeld Project: A Pilot Study to Prevent Child Sexual Abuse and the Use of Child Abusive Images. Journal of Sexual Medicine, 12(2), 529-542.

The Idea:

Guide potential users of child abusive images to the therapeutic offer of the PPD by using typical search keywords.

How it works:

By entering specific keywords the user get presented one of the ads mentioned down



Averagely per year approx. 2,5 Mio Ad Impressions and approx. 120.000 Clicks

New Project: Extension to Juveniles
(since 2014/only in Berlin)

Primary Prevention of Child Sexual Abuse by Juveniles (PPJ)

**Funded by the Federal Ministry for Family Affairs,
Senior Citizens, Women and Youth**

Institute of Sexology and
Sexual Medicine
Charité - Universitätsmedizin Berlin

Clinic of Child- and Adolescence Psychiatry,
Psychotherapy and Psychosomatics
Vivantes Klinikum im Friedrichshain

PPJ: The Campaign „Just dreaming of them“ (2014)



“Dinosaur”: “He is still dreaming of dinosaurs. You are dreaming of him.”

“Teddy bear”: “She is sharing her bed with teddy bears. You would like to share it with her.”

PPJ: Status Quo (December 2018)

Since November 2014 (participation criteria: aged between 12 and 18, voluntary agreement and consent, no preceding criminal conviction or pending trial)

- 239 interested adolescents ; $M_{Age} = 15;6$ y ($SD = 1.58$)
- sex: male
- 20% of the juveniles contacted the project themselves, the others were introduced by parents/clinical professionals/guardians/social workers

PPJ: Status Quo (December 2018)

- 132 juveniles with completed assesment
 - 80% already had sexually offended (20% use of CSAI, 50% CSA, 10% mixed)
 - 83% have siblings
 - 40% exclusively attracted towards children; 35 % non-exclusively attracted towards children; 25 % attracted towards adults
- 73 were offered therapy

Preliminary Results from the PPJ

- Does prevent sexual offending against minors and the consumption of child abusive images
- Until now, every involved adolescent refrained from CSA behaviour and/or the use of CSAI
- Patients are grateful for guidance and willing to accept advice if they feel not to be condemned because of their fantasies

New Milestone: German Legislation 2016

On November 10th 2016 the German Parliament voted for a legislation to finance specialized treatment services for self-referred pedophilically inclined individuals through the health insurance system. The law is in force since January 1st 2017.

The aim is, to help adults and juveniles achieve constant behavior control and not to act out their impulses towards children. They could use this service anonymously.

PPD – International Aims

1. Pedophilia is a part of human sexuality and we can assume, that it is to be found in every culture all over the world.
2. The use of child abuse images (so called “child pornography”) is a topic of international concern because of the worldwide web and the accessibility in nearly every country.
3. In every country a huge dunkelfeld can be assumed.

PPD – Calculations



1. Prevalence for pedophilia in Germany: **1 %** of the male population; according to **80 Mio.** inhabitants in absolute numbers: **250.000** pedophilically inclined men; reached already: approx. **10.500 (4 %)**
2. Assuming **1%** prevalence for **UK**: According to **65 Mio.** inhabitants this would add up to approx. **205.000** pedophilically inclined men.
3. Assuming **1%** prevalence **worldwide**: According to 7.6 billion inhabitants this would add up to **23,5 Mio** pedophilically inclined men

Child Sexual Abuse Material – Increasing Numbers



The Internet Watch Foundation (IWF) in 2010 identified 1,351 webpages providing so-called “child pornography”. These numbers escalated to 13,182 in the year 2013.

According to the Annual report of the IWF 2018 the number of webpages providing CSAM increased considerably from 78,589 in 2017 to 105,047 in 2018. IWF is explaining this - at least partially – with enormous technical improvements for efficiently searching such material.

The Directive 2011/92/EU of the European Parliament and of the European Council of December 13th, 2011

Art. 22, a regulation concerning “preventive intervention programs or measures” states: “Member states shall take necessary measures to ensure that persons who fear that they might commit any of the offenses referred to in Article 3 to 7 may have access where appropriate to effective intervention programs or measures designed to evaluate and prevent the risk of such offenses being committed.”

Note: Article 3 to 7 include CSA and the use of CSAM

English Webpages of PPD and PPJ

Between March 2018 and April 2019

dont-offend.org: 31.906 visits worldwide, 3.908 *from UK* (Range 2, Percentage: 12,2)

just-dreaming-of-them.org: 422 visits worldwide, 33 *from UK* (Range 3, Percentage 7,8)

„Troubled Desire“: New Online Prevention

WHY

- Internet-based **self-management tool for assessment and treatment** to prevent child sexual abuse, the use of child abuse images and **to arrange contacts** to therapists according to the law in each country.
- **Worldwide useable**, even in countries with mandatory reporting laws
- Now available in **German, English, Marathi and Spanish**

WHO

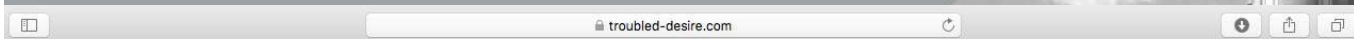
- **Adults and adolescents** with sexual interest in children
- Their **acquaintances**
- **Professionals**, who work with this particular patient group

HOW

- **anonymous, confidential, free of charge**, no conflict of interest and entirely non-profit
- Data will be saved **without being allocated** to a person but with a randomly generated PIN



That's how Dunkelfeld goes online

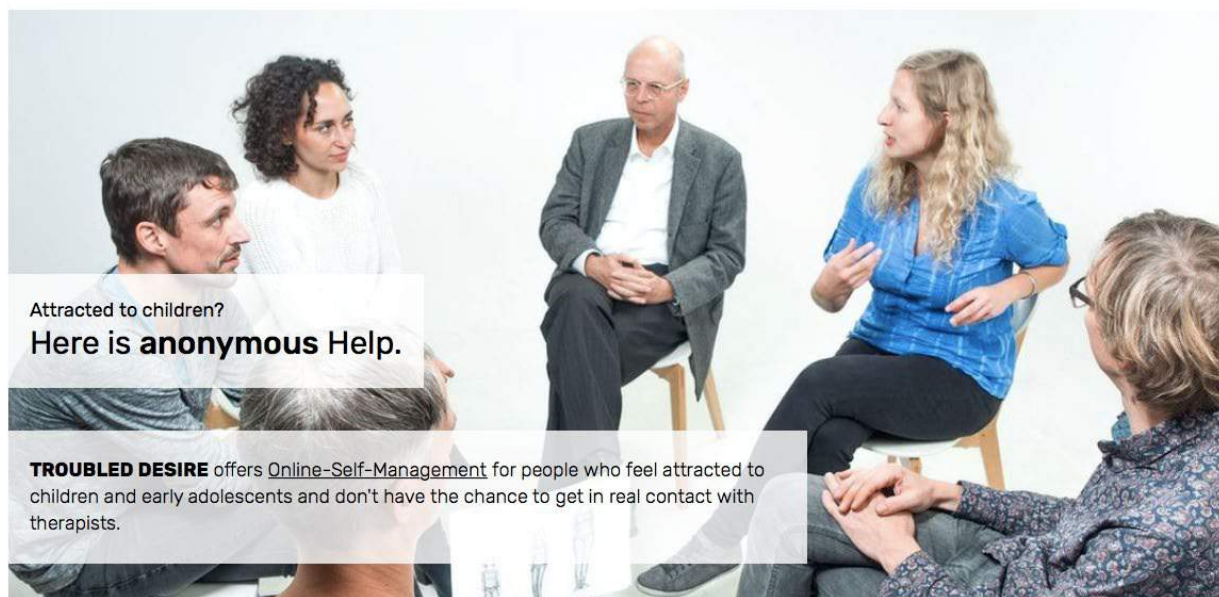


TROUBLED
DESIRE

HOME FAQ ABOUT IMPRINT PRIVACY

EN

ONLINE SESSION
START or CONTINUE



Attracted to children?
Here is anonymous Help.

TROUBLED DESIRE offers Online-Self-Management for people who feel attracted to children and early adolescents and don't have the chance to get in real contact with therapists.

Where are the users from?

Within 18 months **3690 users from 78 countries** started an online session

Europe:

Germany:	1674
UK:	90
Switzerland:	69
France:	60
Netherlands:	55
Austria:	40
Spain:	22
Portugal:	17
Sweden:	17
Slovenia:	16
Ireland	13

World (without Europe):

India:	297
USA:	253
Canada:	47
Australia:	37
Brazil:	32
Chile:	18
Liberia:	12
Mexico:	10
Singapore:	10
Israel:	8
Indonesia:	8

Countries with Mandatory Report Laws

- Could at least focus on pedophilically inclined **potential offenders** in the Dunkelfeld for preventive purposes
- According to most national laws users of child abuse material need **not** to be reported mandatorily
- There should be **no contradiction** between law enforcement and the promotion of preventive strategies – both can be done

Take home

Pedophilia is a **diagnosis** (ICD-10/ICD-11) and **not a crime**

Primary Prevention of child sexual abuse and the use of child sexual abuse images is **possible**

www.dont-offend.org

www.just-dreaming-of-them.org

www.troubled-desire.com

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